




JUNE ACTIVITY CALENDAR



Monday	Tuesday	Wednesday	Thursday	Friday
3 Tennis 9:00 9:30 ZUMBA Gold 10:00 to 3:00 Knit/Crochet/Angels Johnston Senior Adv. Board 1:00 MOVIE <i>(Following Lunch)</i>	4 Pickleball 9:00 9:30 Mah Jongg YOGA 9:15 Peaceful 10:45 Adaptive Trivia Tuesday 11:00	5 Tennis 9:00 10:00 Silver Sneakers "Sew-cial" <i>(sewing-quilting)</i> 10:0 to 3:00 12:30 Games	6 Pickleball 9:00 Tai Chi 11:00 12:30 Games	7 Tennis 9:00 9:00 to 2:00 Health Main Clinic (Foot Care) 12:30 Bingo
10 Tennis 9:00 9:30 ZUMBA Gold 10:00 to 3:00 Knit/Crochet/Angels MOVIE <i>(Following Lunch)</i>	11 Pickleball 9:00 9:30 Mah Jongg YOGA 9:15 Peaceful 10:45 Adaptive Trivia Tuesday 11:00	12 Tennis 9:00 10:00 Silver Sneakers "Sew-cial" <i>(sewing-quilting)</i> 10:0 to 3:00 12:30 Games	13 Pickleball 9:00 Tai Chi 11:00 12:30 Games	14 Tennis 9:00 9:00 to 12:00 Health Main Clinic (Foot Care) Guest Speaker Eyerly-Ball 12:30 Bingo
17 Tennis 9:00 9:30 ZUMBA Gold 10:00 to 3:00 Knit/Crochet/Angels MOVIE <i>(Following Lunch)</i>	18 Pickleball 9:00 9:30 Mah Jongg YOGA 9:15 Peaceful 10:45 Adaptive Trivia Tuesday 11:00	19 Tennis 9:00 10:00 Silver Sneakers "Sew-cial" 10:0 to 3:00 Jam Session- (Following Lunch) Senior Fun Night Potluck 6:30-9:00	20 Pickleball 9:00 Tai Chi 11:00  12:30 Games	21 Tennis 9:00 12:30 Bingo
24 Tennis 9:00 9:30 ZUMBA Gold 10:00 to 3:00 Knit/Crochet/Angels MOVIE <i>(Following Lunch)</i>	25 Pickleball 9:00 9:30 Mah Jongg YOGA 9:15 Peaceful 10:45 Adaptive Trivia Tuesday VNS 11:00	26 Tennis 9:00 10:00 Silver Sneakers "Sew-cial" <i>(sewing-quilting)</i> 10:0 to 3:00 12:30 Games	27 Pickleball 9:00 Tai Chi 11:00 12:30 Games	28 Tennis 9:00 12:30 Bingo

POLK COUNTY JOHNSTON SENIOR CENTER
6300 PIONEER PARKWAY, JOHNSTON IA 50131

CALL 515-251-3707 FOR RESERVATIONS

(Lunch served daily at 12:00 noon. Except Fridays @ 11:45)

