



Fire, Health & Safety

Emergency Number: 911 | 6373 Merle Hay Rd
 Non-Emergency Police: 515-278-2345
 Non-Emergency Fire: 515-276-5182



Goodwill Career Connections

515-265-5323 | 5355 NW 68th St
 Job search assistance
 Skills training
 Computer access



Johnston Public Library

515-278-5233 | 6700 Merle Hay Rd
 johnstonlibrary.com
 ESL resources/classes
 Borrow books, CDs and movies
 Free computer/Internet use



DART Public Trans.

515-283-8100
 ridedart.com



City of Johnston

cityofjohnston.com
 Parks
 Bike/walk trails
 Fishing

Johnston Partnership

515-868-1357 | 5870 Merle Hay Rd
 johnstonpartnership.org



Food Pantry & Clothes Closet

Tuesday/Thursday: 9am-noon
 Saturday: 10am-2pm
 IDs are required

Johnston Schools

515-278-0470 | 6510 NW 62nd Ave
 johnstoncsd.org



Free Lunch/Reduced Program

tinyurl.com/JCSDRFLunch

Johnston Schools App

Find it in the App Store

View district/school news
 Receive notifications from schools
 Access the district directory
 Use district tip line
 Pay fees



Kids Connection

515-252-8490 | 6510 NW 62nd Ave
 johnstoncsd.org



JCSD Before/After School Child Care, Grades K-5

Register at johnston.ce.eleyo.com

Johnston Community Education

515-278-0552 | 6510 NW 62nd Ave
 johnstoncsd.org/commed

Youth & Adult Enrichment, Sports, and Aquatics

Discover classes and register at johnston.ce.eleyo.com

Johnston Early Learning Academy (JELA)

2, 3 and 4-year-old preschool
 johnstoncsd.org/school/johnston-ela



Johnston

RESOURCE GUIDE

Polk County & Iowa Resources

Aging Resources of Central Iowa

Low Income Senior Adult Assistance – agingresources.com

Cash Assistance

Family Investment Program – dhs.iowa.gov/cash-assistance

Child Support

Child Support Recovery Unit – childsupport.ia.gov

Child Welfare

Child Services – dhs.iowa.gov/child-services

Early Childhood

Early Childhood Iowa – earlychildhoodiowa.org

Licensed Care Providers – childcarecenter.us/county/polk-ia

4-Year-Old JCSD Preschool – johnstoncsd.org/school/johnston-ela

2 and 3-Year-Old JCSD Preschool – johnston.ce.eleyo.com

Heartland AEA Early Access – 800-362-2720

Education

Drake University – drake.edu

Grandview College – grandview.edu

Des Moines Area Community College – dmacc.edu

Mercy College of Health Science – mchs.edu

English Classes & Assistance

Lutheran Services in Iowa – lsiowa.org/services/refugee/programs/community-based-esl

Johnston Public Library – johnstonlibrary.org

Zion Lutheran Church – ziondsm.org

Food

Farmers Market Directory – bit.ly/iowa-farmers-market

Metro Area Food Pantry – dmarcunited.org/food/find-a-pantry

Food Stamps – dhs.iowa.gov/food-assistance

Free Bread, Zion Lutheran Church – Tuesdays and Wednesdays at 9:00 am, 4300 Beaver Ave, Des Moines

Health & Wellness

Johnston Clinics – medical, dental, vision, acupuncture, physical therapy, chiropractic, counseling

Prescription Cost Savings Plan – unitedwaydm.org/familywize

Hawk-i – Provides health care coverage for uninsured children of working families. dhs.iowa.gov/hawk-i

American Indian/Alaska Native – healthcare.gov/american-indians-alaska-natives/coverage

Polk County Health Department – polkcountyiowa.gov/health

Identification

Getting a Driver's License – iowadot.gov/mvd/driverslicense/new-iowa-residents

The state of Iowa requires that all drivers of automobiles, motorcycles or mopeds have a valid driver's license. A driver's license also serves as a form of official identification in the US. Iowa law also requires you to register any motor vehicle within 30 days from the date you establish residency with your county treasurer.

Property/Vehicle Taxes – polkcountyiowa.gov/treasurer

Social Security – ssoffice.location.com/des-moines-social-security-office-so499

Public Resources

Lutheran Services in Iowa – lsiowa.org

Polk County General Assistance – bit.ly/polkcountyiowa-general-assistance

Polk County General Assistance, Crisis Services – bit.ly/polkcountyiowa-crisis

IMPACT Community Action Partnership General Assistance – impactcap.org

Recreation

Johnson Walking/Biking Trails – cityofjohnston.com/157/Parks-Trails-Facilities

Johnston Parks & Trails Map – bit.ly/johnston-parkstrails

Regional Parks & Trails Map – bit.ly/dsm-metro-parkstrails

Safety

Polk County Emergency Services – polkcountyiowa.gov/emergency-management

Tax & Legal Resources

Legal Aid – iowalegalaid.org

Tax Help – theiowacenter.org/taxes

State Law Library – statelibraryofiowa.org/services/collections/law-library

Food and Self Care Assistance

Johnston Partnership

The partnership food pantry remains open, but clients are asked to wait in their vehicle or outside while their order is being completed. Staff and volunteers are the only ones allowed inside the pantry.

If you are coming in for first time, fill out the “[food pantry order form](#)” and bring form of ID for yourself and any kids you have. The clothing closet is closed until further notice, as there is not safe way to operate the space. For more information, visit www.johnstonpartnership.org.

If you wish to donate to the Johnston Partnership, monetary donations can be made throughout the year on their [website](#).

Johnston Schools and Learning

The Johnston Community School District has been approved to deliver a bundle of free lunch and breakfast meals for the week for all children ages 1 – 18 years old at three distribution sites. [Click here](#) for more information.

Websites Offering Free Learning

- **Scholastic-** classroommagazines.scholastic.com/support/learnathome.html
- **PBS Kids-** www.pbs.org/parents/pbskidsdaily
- **Khan Academy-** www.khanacademy.org/about/blog/post/611770255064350720/remote-learning-with-khan-academy-during-school
- **Circle Time-** circletimefun.com/
- **Club SciKidz-** www.clubscikidzmd.com/blog/
- **Duo Lingo-** www.clubscikidzmd.com/blog/
- **Math Games-** ia.mathgames.com/
- **Bamboo-** bamboolearning.com/bamboo-blog-001
- **Hippo Campus-** hippocampus.org/HippoCampus/
- **Mystery Science-** mysteryscience.com/school-closure-planning
- **Lunch Doodles w/ Mo Williams-** www.kennedy-center.org/education/mo-willems/
- **Scratch Jr-** www.scratchjr.org/
- **Outschool-** blog.outschool.com/free-online-classes-for-public-school-students-affected-by-closures/
- **Go Noodle-** www.gonoodle.com/for-families/
- **Cosmic Kids Yoga-** www.youtube.com/user/CosmicKidsYoga

Exercise and Fitness

- **Power Life Yoga:** www.youtube.com/channel/UCWuSqOUb_WzHoY9tn7CeMXQ
- **Cabin Fever Fitness:** m.youtube.com/channel/UCnBKSAHDcW_kHSGZI_qaPXw - This is Alissa a Trail Point instructor who is creating a workout video each day
- **Intelligent Cycling:** intelligent-cycling.com/landingpage/ - If you have a way to cycle at home, this app offers great workouts that are already built out and can connect to Spotify
- **Studio Sweat on Demand:** www.studiosweatondemand.com/ - They have a seven-day free trial period.
- **Beach Body on demand:** www.beachbodyondemand.com/p - They have a 14-day trial period
- **Fitness Blend:** www.youtube.com/channel/UCiP6wD_tYIYLh3agzbByWQ -
- **Les Mills on Demand:** watch.lesmillsdemand.com/freecontent?fbclid=IwAR0RJPfHopGSOhShawD77D2dDS4KuxanvUVhIGl3Q99YLavW7Edr4B_IX9k – This is the site for free workouts, but you can always get a subscription which has a lot more workouts.
- **Emily Breeze Workout:** instagram.com/emilybreeze?igshid=go6rfyre0cqa – Emily Breeze has a ton of workouts on her Instagram page of just body weight workouts.
- **Body and Soul:** bodyandsoulondemand.vhx.tv – This is a 7-day free trial
- **Sydney Cummings Workout:** www.youtube.com/channel/UCVQJZE_on7lt_pEv6tn-jdA -

Religious Services

- **Pathway Church:** Livestream on [facebook](https://www.facebook.com/pathwaychurch) at 10:30 a.m. on Sundays
- **Northpoint:** Streaming services on [facebook](https://www.facebook.com/northpoint) and their website at 9:00 a.m. and 10:35 a.m. on Sunday mornings
- **St. James Johnston:**
 - Saturday worship begins at 5:00 p.m. (*Room opens at 4:45 p.m.*)
 - Computer: <https://zoom.us/j/428781578>
 - Phone: 312-626-6799 Meeting ID: 428 781 578
 - Sunday worship begins at 9:00 a.m. (*Room opens at 8:45 a.m.*)
 - Computer: <https://zoom.us/j/512197711>
 - Phone: 312-626-6799 Meeting ID: 512 197 711
- **Messiah Lutheran:** live stream or have on-line access to their Wednesday Evening Lenten service (will be posted by 7:00 p.m.) as well as their Sunday Divine Service, which will be available by 6:00 p.m. on Saturday prior to the normal time of Sunday at 9:30 a.m.
- **Hindu Temple & Cultural Center-** us04web.zoom.us/j/519298201 Live Broadcast at 10:30 a.m.
- **St. Paul:** Live stream at 10:15 a.m. on Sunday on [facebook](https://www.facebook.com/stpaul)
- **Johnston River of Life:** [Facebook](https://www.facebook.com/johnstonriveroflife) and [YouTube](https://www.youtube.com/channel/UCVQJZE_on7lt_pEv6tn-jdA) live stream
- **First Baptist Church:** www.fbcdsm.org/media live stream of service
- **Meredith Drive Reform Church/The Bridge-** Sermons on Meredith Drive Reform website